



Great NEW customer offer for Osteopath treatment



How can an Osteopath help?

Osteopaths are trained professionals who are skilled in treating and managing a range of problems, including those which may require further investigation if necessary. Osteopaths use a wide range of gentle manual techniques, depending on your age, fitness and diagnosis. Treatment is different for every patient but may include techniques such as different types of soft tissue massage and joint articulation to release tension, stretch muscles, help relieve pain and mobilise your joints.

“Looking after your back is really important and we have four Osteopaths at the Centre who can use a range of techniques to help with any issues you are having” said Jane, owner of Centre for Complementary Health.

The Centre is offering a **20% discount** off all new patient bookings made with our Osteopaths Hasnain or Anne for appointments in July and August 2012 so, call today to take advantage of this great offer.